

Physical Therapy History Form

Name: _____ Date: _____ DOB: _____ Height: _____ Weight: _____

Primary Complaint: _____

When did your symptoms start: _____ Cause: _____

Why type of medical help have you received for your injury? MD Chiropractor PT Massage

Have you had an x-ray or MRI for your injury? Yes No If yes, when/results _____

Have you had any loss of sensation with your current problem? _____

Are you having difficulty sleeping? _____

Have you suffered from this problem before? Yes No If yes, how long ago? _____

Do you have pain, numbness, weakness, or tingling related to your current problem? Yes No

If Yes, please continue with questionnaire. If No, please stop here and continue on other side

Where is the pain? (Mark body diagram using the key to describe the location and nature of your symptoms)

Are your symptoms getting better or worse? _____

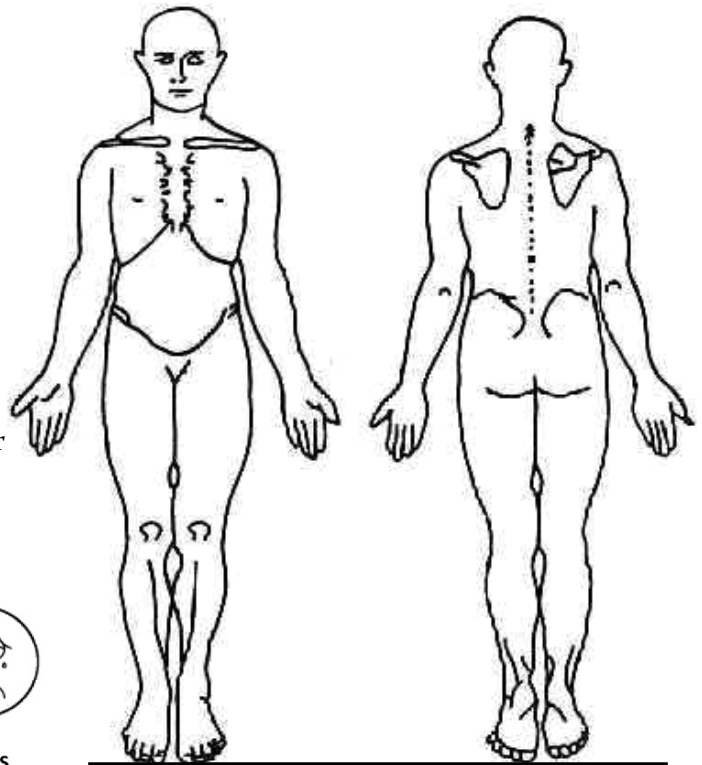
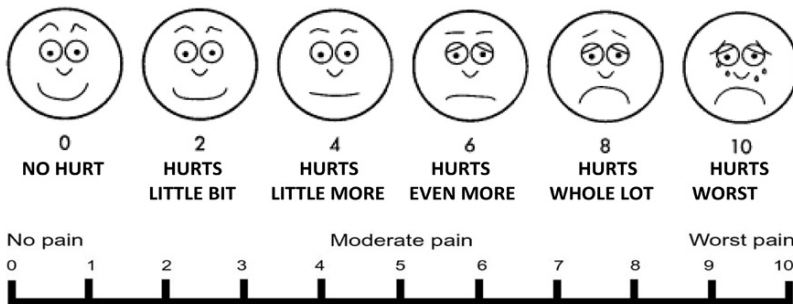
Describe you pain/symptoms: (Check if all that apply)

- | | | |
|------------------------------------|---|------------------------------------|
| <input type="checkbox"/> Sharp | <input type="checkbox"/> Shooting | <input type="checkbox"/> Burning |
| <input type="checkbox"/> Deep Ache | <input type="checkbox"/> Numbness | <input type="checkbox"/> Tingling |
| <input type="checkbox"/> Weakness | <input type="checkbox"/> Heaviness | <input type="checkbox"/> Throbbing |
| <input type="checkbox"/> Constant | <input type="checkbox"/> Comes and goes | |

What activities increase your symptoms: _____

What activities do you have difficulty performing due to your Symptoms? _____

Please rate your pain/comfort level using the scale below



X= Pain N= Numbness T= Tingling

Medical History (Pertaining to your visit in our clinic)

Are you aware of your diagnosis? Yes No Are you pregnant? Yes No

Do you have a pacemaker? Yes No Internal Stimulator (Brain/Spinal)? Yes No

Have you received physical therapy services for this problem in the past? Yes No
 If yes, explain what type of treatment you received?

Have you had any physical therapy services during this calendar year? Yes No

Current Medications? _____

Previous Surgeries? _____

Do you smoke? Yes No If yes, how many packs/day? _____

Do you drink alcohol? Yes No If yes, average daily intake? _____

Please check any of the following conditions that apply to you either currently or in the past:

- | | | |
|--|---|---|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Stroke | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Fainting | <input type="checkbox"/> Chest pains | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Depression | <input type="checkbox"/> Kidney Disease |
| <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Varicose Veins |
| <input type="checkbox"/> Chemical Dependency | <input type="checkbox"/> Thyroid Problems | <input type="checkbox"/> COPD |
| <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Obesity | |

Other: _____

Function using the Revised Patient Specific Functional Scale

List and score at least 3 activities that you are unable to perform or have the most difficulty performing due to your pain and symptoms. 0= No difficulty 10=Unable to

1. _____ Score: _____ 2. _____ Score: _____
 3. _____ Score: _____ 4. _____ Score: _____